



2017 Summer Camp Information and Registration Form

Camp Directors:

Peter Higgins, Head Middle School Lacrosse Coach PDS

Location:

Princeton Day School - Baker "turf" Field & Krueger "grass" Field

The Competitive Edge Lacrosse camp is designed to teach the fundamentals of the game in a fun and exciting way to boys in 1st through 8th grade. The objective of this camp is to develop and improve each and every camper's conditioning, individual skills and game awareness. This is achieved through high-level instruction from Varsity/ Club coaches, DI and DIII college players. Campers will be divided up by both age and experience to better guide the instruction of play.

Full Day Registration - \$295 per week
Discounts Available

July 17th-21st - 1st to 8th Grade, Monday to Thursday: 8:30am - 3:30pm, Friday 8:30am - 12:00pm

Camp Schedule

Monday through Thursday

8:30-8:45am - Drop-off

8:45-10:30am - "Fundamental of the game" skills training

10:30-11:00am - Break and one on one work

11:00am-12:00pm - Positional training (offensive/ defensive specific work)

12:00-12:45pm - Lunch (not provided)

12:45-1:00pm - Warm up

1:00-2:15pm - Small area games and team concepts (2v2, 3v3, 4v4, 5v4)

2:15-3:15pm - Scrimmage (controlled) and tournament play

3:30pm - Dismissal

Friday

8:30am - Drop-off

8:45-9:15am - Warm-up

9:15-11:45am - Championship day round robin tournament, skills competition

12:00pm - Dismissal

Princeton Day School Athletics

P.O. Box 75

Princeton, NJ 08542

Attention: Competitive Edge

www.competitiveedgecamps.com



Player's Name _____ Age ____ Date of Birth ____ / ____ / ____

Years Played ____ US Lacrosse Membership # _____ Position _____

Parent / Guardian _____

Address _____ City/State/Zip _____

School Currently Attending _____ Entering Grade _____

Phone Number(s) _____ E-Mail _____

Reversible Size: _____

Please list below anything else about your child that we should know (allergies, medical conditions, etc.)

PRICING:

Registration after May 1st: \$295
Early Registration before May 1st: \$265
PDS Faculty Discount: \$200
Multi-Child: \$500

To reserve a spot:

Please fill out the registration form and mail with a deposit check (\$200 - payable to *Competitive Edge*) to the address below. Any registration forms received after May 1, 2017 will not be eligible for the early registration discount.

Princeton Day School Athletics
P.O. Box 75
Princeton, NJ 08542
Attention: Competitive Edge
www.competitiveedgecamps.com